

Cycle into Sopot: Poland's Seaside Gem on Two Wheels

Posted by [Richard Coles](#) | Sep 15, 2025 | [Europe](#), [GTM Reviews](#), [Headline News](#)



“Life is like riding a bicycle. To keep your balance, you must keep moving.” – Albert Einstein.

“The bicycle is the noblest invention of mankind.” – William Saroyan

We decided to visit nearby Sopot and are so glad we did. We were going to book a cycle around Sopot but decided to walk instead, and discover the city and promenades closely. The train journey from Gdańsk is only 29 minutes on the SKM city train. Look for the nearest SKM local train and go to Sopot. Sebastian, the CEO of Poland By Locals, was meeting us. A chatty and affable chap with many stories about his hometown proudly walked us around. Poland By Locals is a local tourism organiser. See their site.



Long Promenade

First, and most important, this morning, it's a coffee! We are introduced to Amber Coffee. Amber Coffee is an extraordinary gift from Gdańsk, which can be a luxurious souvenir or your memory from Gdańsk captured in its original form. Gdańsk Amber Coffee combines history with an original taste, enclosed in the best coffee beans from Colombia.

It is a local product, made by Pomeranian craftsmen who cultivate the centuries-old amber tradition in Gdańsk.

Now to the tour. The guides are knowledgeable, passionate, and experienced professionals dedicated to providing unique and memorable experiences to their guests.

A local who knows the city like no one else. Travel enthusiast and always thinking positively. He has worked as a guide in Turkey, making long-term trips nationwide. For more than 10 years, he has travelled worldwide, contacting local communities and promoting conscious travelling. He spent one year journeying through Latin America from Tierra del Fuego to Cuba, mostly staying off the beaten tracks. He ran a pub in Sopot for five years, creating a local spot in the town. Nature, outdoor activities and craft beer lover. Experienced mountain climber and scuba diver.

Other guides on the team are similarly well-travelled and personable. All bring their special expertise and personalities to guiding you around the Tri-Cities. You can also take the bike and off you go. These are locals who love Sopot, Gdynia, and Tri-City.



Cycling in Sopot



Sebastian

Seeing a new area and getting exercise at the same time makes lunchtime even more pleasant, especially since there are so many wonderful places to eat.

With some planning, you can also cover much more territory by bike. We found Poland to be bike-friendly, which also helps. They say always explore the world off the beaten track with a hundred ideas in mind. They can show you the city's beauty and the incredible wilderness of the Polish countryside.

If interested, they can offer you a bike tour in Gdańsk or Sopot on electric or trekking bikes.

The tours last approximately 3 hours, and you can find all the details about their programs on their website.

“A bicycle is the finest mode of transport known to man.” — Adam Hart-Davis, English inventor.

Further information:

- **Sebastian Małyszczuk**

Co-Founder, Poland By Locals sp. z o.o. – www.polandbylocals.com

- www.promostory.pl
- **Gdańsk Amber Coffee story. – www.ambercoffee.pl**